UPSTAIRS CLUB

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An Educational Group

DURING THE PAST LYRIC OPERA season when 'Prince Igor" was about to be presented and there was so much publicity for NUREYEV - to create interest in the performance we had an exhibit of pictures of ADOLPH BOLM, who was the original Igor in MICHAEL FOKINE'S version. It was a very comprehensive exhibit of BOLM in IGOR, CARNIVAL, THAMAR, L'OISEAU de FEU, and LE PAVILLON D'ARMIDE (since that time we have been enjoying the Dance Magazine articles on him). BOLM'S partner in these ballets was the lovely KARSAVINA. Shortly after the Lyrics season, the BOLSHOI Ballet were here and had their daily classes in our studio - so we enlarged the exhibit to include other famous Russians (little known in modern Russia) such as NIJINSKY, PAVLOWA, MORDKIN, NOVIKOFF, CECCHETTI, LOUPOKOVA and MASSINE. This spread of photos dated back to 1910 and created a furor among the Bolshoi dancers and directors .. each day before and after their classes great discussions went on around the pictures in Russian ... over 200 other pictures are always on display on our walls at all times ... photos of MARKOVA, KRIZA, KOESUN DANILOVA, TOUMANOVA and TALLCHIEF also attracted much attention ... Ballet Master MESSERER'S Classes were excellent with enchainements very much like those given in our own school - flowing and with a dance quality - even using terminology used almost exclusively in our school such as, Si-sol ... the class discipline was rather appalling and we felt later that this showed up in their performance which did not compare to those of the KIROV BALLET ... the Bolshoi's ballet "Ballet School" was not the well constructed Danish Ballet performed here recently by Ballet Theatre, which they called 'Etudes' ... SC children chosen to be in this ballet were DEAN & BILLY BADOLATO, JOHN CATE, KATHY PARKIN & LIANE SKERPAN ... Mr. MESSERER wanted to take the Badelato boys on to Detroit and Washington but the Chicago engagement took too much time from school as it was ...

Appearing in the Opera season and now on tour with the Chicago Opera Ballet Co., were DOLORES LIPINSKI & CHARLES SCHICK as soloists and in the corps are SHARON LUNDIN, PAULA PERRINE & JEAN MOYER ... LARRY LONG is the Ballet Master for the company ... the Company's performance on the Dance Series on March 17th will be their first Chicago performance outside of the Opera season and will be assured of a full house because everyone is anxious to see the company ... during the Ballet Theatre season KAREN KRYCH danced with JOHN KRIZA in 'Fancy Free' for the first time ... some of the best dancing of the season was RUTH ANN KOESUN in "Sylphides" and 'LaFille" ... at this moment JOHN KRIZA is on the Leonard Bernstein tour dancing 'Fancy Free" nightly ... FREMUTH HIRSH is with the group dancing the first girl and at the last moment we hear that JOHN BARKER is the bartender ... KAREN KRYCH has been in Washington since rehearsing with Tudor on 'Lilac Garden' ... DONNA MILLER joined the cast of 'My Fair Lady" when the company was playing Milwaukee and is now in the east. ... BILL REILLY is in 'Tovarich' ... JIM MOORE & GILDO DI NUNZIO are rehearsing on the road in "Hot Spot" .. JOHN SHARPE is in yet another hit show 'Little Me" ... PATRICK HEIM has joined 'No Strings" ... JOHN NEUMEIER has been in the Royal Ballet in London ... we know none of the details as to how it came about ... we hear now and then of RONALD FRASIERS' success in Europe... SHEILA REILLY saw him in "Black Nativity" and he is now a soloist in the Opera in Munich ... very welcome visitors during the holidays were PATRICK & JUDY CUMMINGS and Pat Jr... it is easy to see how Pat fell for Judy -but neither still look old enough to be married.. we had a very happy visit ... JIM MOORE also made a quick trip to make up for all the letters he did not write ... JUDI WEST also stopped in - she now is in all Carol Haney productions and seems to be doing very well ... CHAUNCE CONKLIN working on his degree at Bloomington was in for a

visit during late January ... JUDY SCHWANTES in for the holidays from Memphis to see Ballet Theatre and to visit the former JOAN GREEN who had a baby (sex unknown) ... on the expecting list are CAROL TERRIEN in Racine .. DONNIE JO KAPSALIS and DIANE SEBUCK TARANDY sometime this spring .. no doubt there are others we do not know of .. JOAN EHEMANN married ALAN STONE during the holidays - her second plunge ... BETTY PROKOP ended up in the top ten girls in the Miss Photo-Flash contest .. JOHN CARBO is part of the corporation known as the Old Town Folk Center at 243 W. North Ave. devoted to selling original folk merchandise .. BUD TYGETT was home for a weeks rest and visit with his family and friends .. he has been wandering for such a long time we almost never expected to see him again .. he still pins his hopes to the American Festival Ballet (now of Providence, R.I.) .. it has taken him to many countries with many experiences ... his ballet "Shindig" is one of their stronger staples now ... here at home plans are in the air for a spring performance sometime in May .. there has been such a large turn-over in the more capable dancers this year that it has been very difficult to decide what to do.. but it now seems we will have many of our best dancers here for May ... Mr. C. has just finished a new ballet - still untitled to Clementi Music in which he will appear with ELIZABETH WINEBERG, CARREN CHESHIER, DEBBY KRYCH, DEAN & BILLY BADOLATO, PAUL KRUMM and COLLEEN KELLY .. the 15th of February a small group of SC dancers appeared on a Jazz program at Morton High in Berwyn .. some standard SC numbers were used to illustrate various periods of American Jazz .. the dancers were SHEILA REILLY, JOE KAMINSKI, CARREN CHESHIER, PAUL KRUMM, DEBBY KRYCH, SHELLY BERMAN, DEAN BADOLATO and WALTER CAMRYN MADELENE HARGADON was our faithful accompanist who had to battle with the jazz musicians.. and it wasn't easy.

EACH QUESTION below may be answered by the name of a dance. How many do you know?

What rapidly whirling Neapolitan dance is popularly supposed to be a remedy against the bite of a poisonous spider?

- 2. What gay and lively French dance is for only one couple?
- 3. What Polish dance has a characteristic slide and hop to the side?
- 4. What dance is peculiar to the Scottish Highlanders?
- 5. What Moorish dance is performed by only two persons who beat castanets?
- 6. In what dance .do the couples wheel about on their own axis while circling about the floor?
- 7. What one person dance is a favorite of sailors?
- 8. What grave and expressive Spanish dance in triple time originated amongst the Saracens?
- 9. What dance has five figures with four couples in each set?
- 10. What Polish dance for two persons has its third quaver accented?
- 11. What is the common name throughout the United States for the old English "country Dance"?
- 12. What lively Spanish dance has the same name as a type of jacket?

EMOTIONAL IMMATURITY.

Dr. Menninger indicates that the reason most people fail is because of emotional immaturity. Below we are reprinting what he listed as six qualities of character you should work for to gain maturity. They are very applicable to success in dance as well. Especially, in Ballet, refinement of all human traits is part of the training.

Personality traits, of course, can't be weighed or measured exactly. Neverthe less we know there are certain important and desirable qualities present in all normal, mature and welladjusted people.

These qualities are real. They can be recognized in other people. Knowing

what they are, you can also in some degree look for them in your own personality. Here is the list ...

1. SINCERITY: Some people we know- very few- always have all their cards face up. We know where they stand and where we stand with them. There is no sham, pretense, hypocrisy, apple-polishing, uncertainty, show, arrogance or equivocation. They are real all the way through. This is an essential ingredient in getting along with people.

- 2. PERSONAL INTEGRITY: Perhaps this character trait of an individual isn't greatly different from sincerity, because unless one is sincere, he can't have integrity. On the other hand, it does refer to very special qualities of decency, honesty, loyalty, fair play and honor. An individual with a real responsibility and dependability. He is sound. He keeps his promises. He lives up to his commitments.
- 3. HUMILITY: If one picks out the great leaders of our present or our past, one invariably finds the character trait of humility. Maturity is usually combined with modesty. Never is it present in the smart-alecks, the know-it-alls, the self-appointed saviours, nor the persons who know the answers before they hear the questions.
- 4. COURTESY: This means much more than just being thoughtful or polite to other people. It means tolerance. I want to worship my God in my way and give my full approval to worship your God in your way. I have my eccentricities and peculiarities and I approve of your having yours. You are just as good as I am, and I'll respect your right to speak your piece even if I don't agree. This is courtesy in its largest sense. Can you, under pressure, remain gracious, considerate, courteous?
- 5. WISDOM: There isn't any escape from the fact that, even though an individual might be sincere and humble and courteous unless he has the wisdom to make the right decisions and actions, to do the right things at the right time, to give the correct guidance and counsel when it is indicated, he doesn't get along with people.
- 6. CHARITY: Maybe this is the most important attribute for any personality. In its

broadest interpretation it means the capacity to love. It implies the acceptance of the fact we all have weaknesses, we all make mistakes. To be able to get along with people requires the charity of forgiveness. Are you big enough and generous enough to love your neighbor as yourself?

Take a good look at yourself for the presence or absence of these qualities. That will help determine how mature you are. And, speaking as a doctor, I can say maturity is essential if you are to get along with people and be truly happy and successful. ********

FROM A DANCERS SCRAPBOOK.

On Sincerity - Sincerity in art is not an affair of will, of a moral choice between honesty and dishonesty. It is mainly an affair of talent. - Aldous Huxley.

On Integrity - He that saith, I know him and keepeth not his commandments, is a liar and the truth is not in him.

- 1 John 2:4

On Humility - Do not consider yourself to have made any spiritual progress, unless you account yourself to the least of all men. - Thomas A. Kempis

On Courtesy - Hail, Ye small sweet courtesies of life, for smooth do ye make the road of it; which beget inclinations to love at first sight; 'tis ye who open this door and let the stranger in.

-Laurence Sterne

On Wisdom - Wisdom is to the soul what health is to the body.Le Rochefoucauld

'Nothing is so common in this world as thought transference and most of the good and most of the mischief in the world is due to that; not by talking but by transference. That is why it is desirable to keep in contact with decent people rather than with roughs. It is not what they say; it is getting their minds hitched up with yours more or less and dragging your mind down to the level of theirs so that you get to like what they like, admire what they admire and dislike what they dislike - the wrong things right through.